PEER REVIEW RESEARCH SESSION 1  
*Chronic diseases, psychology*

**Sunday 28 Feb 2021, 11:45 – 12:30 hrs**

- Walrabenstein: A randomized controlled trial (RCT) of a multidisciplinary lifestyle program in patients with (increased risk for) rheumatoid arthritis and osteoarthritis: design and inclusion rate
- Zarantonello: Low-protein diet for patients with chronic kidney disease (CKD): is a plant-based (vegan) diet a good option?
- Medawar: Unconventional eating behaviour and its effect on brain circuits and on gut-brain-communication

PEER REVIEW RESEARCH SESSION 2  
*Lifestyle, sports*

**Sunday 28 Feb 2021, 13:30 – 14:15 hrs**

- Allès: Physical activity levels in vegetarian and non-vegetarian adults from the NutriNet-Santé cohort study
- Wirnitzer & Tannous: From Science 2 School: Sustainably healthy – active & veggy. Survey of the prevalence of vegetarian diets linked to sports among Austrian pupils, teachers and principals of secondary level I and II
- Jeitler: Effects of a whole-food plant-based diet on sports students at the Olympic Training Centre Berlin – a study protocol
PEER REVIEW RESEARCH SESSION 3  
*Inflammation, metabolism, miscellaneous*

**Monday 1 Mar 2021, 15:00-16:00 hrs (new)**

- Koeder: *A plant-based diet and healthy lifestyle lower C-reactive protein levels*
- Menzel: *Associations of vegan and vegetarian diets with inflammatory biomarkers – Results from the RBVD study and systematic review with meta-analysis*
- Melnik: *Milk consumption: An overlooked promoter of type 2 diabetes mellitus*
- Keller: *VESNA Network: Academic network for the study on vegan diets*

PEER REVIEW RESEARCH SESSION 4  
*Attitudes, food marketing*

**Monday 1 Mar 2021, 16:00-17:00 hrs (new)**

- Büssing: *Predictors of vegetarian life style among yoga practitioners*
- Liebscher: *Effects of religiously motivated intermittent dry fasting on healthy adults: an observational clinical trial on Bahá’í fasting*
- Faber: *Young adults from Belgium, Denmark, the Netherlands and Spain differ in attitudes towards plant-based, vegetarian and vegan diets.*
- Reuzé: *Identifying attitudes and their ability to decrease meat consumption among non-vegetarians from the NutriNet-Santé cohort*
PEER REVIEW RESEARCH SESSION 5
Pediatric nutrition

Tuesday 2 Mar 2021, 10:45-11:45 hrs

- Ritzheim: A purely plant-based diet in day nurseries – analysis and optimization of a meal plan
- Ngoumou: A Whole Food Plant-based Diet parallel to treatment in Juvenile Idiopathic Arthritis – a pilot study on feasibility: The NutriJIA-Study
- Alexy: Food Based Dietary Guidelines for a Vegan Diet in Infants, Children and Adolescents
- Keller: Anthropometrics, energy and nutrient intake of vegetarian, vegan and omnivorous children (1-3 y) in Germany – Updated results of the VeChi Diet study