

PEER REVIEW RESEARCH SESSION 1
Chronic diseases, psychology

Sunday 28 Feb 2021, 11:45 – 12:30 hrs

- Walrabenstein: **A randomized controlled trial (RCT) of a multidisciplinary lifestyle program in patients with (increased risk for) rheumatoid arthritis and osteoarthritis: design and inclusion rate**
- Zarantonello: **Low-protein diet for patients with chronic kidney disease (CKD): is a plant-based (vegan) diet a good option?**
- Medawar: **Unconventional eating behaviour and its effect on brain circuits and on gut-brain-communication**

PEER REVIEW RESEARCH SESSION 2
Lifestyle, sports

Sunday 28 Feb 2021, 13:30 – 14:15 hrs

- Allès: **Physical activity levels in vegetarian and non-vegetarian adults from the NutriNet-Santé cohort study**
- Wirnitzer & Tannous: **From Science 2 School: Sustainably healthy – active & veggy. Survey of the prevalence of vegetarian diets linked to sports among Austrian pupils, teachers and principals of secondary level I and II**
- Jeitler: **Effects of a whole-food plant-based diet on sports students at the Olympic Training Centre Berlin – a study protocol**

PEER REVIEW RESEARCH SESSION 3
Inflammation, metabolism, miscellaneous

Monday 1 Mar 2021, 15:00-16:00 hrs (new)

- Koeder: **A plant-based diet and healthy lifestyle lower C-reactive protein levels**
- Menzel: **Associations of vegan and vegetarian diets with inflammatory biomarkers – Results from the RBVD study and systematic review with meta-analysis**
- Melnik. **Milk consumption: An overlooked promoter of type 2 diabetes mellitus**
- Keller: **VESNA Network: Academic network for the study on vegan diets**

PEER REVIEW RESEARCH SESSION 4
Attitudes, food marketing

Monday 1 Mar 2021, 16:00-17:00 hrs (new)

- Büssing: **Predictors of vegetarian life style among yoga practitioners**
- Liebscher: **Effects of religiously motivated intermittent dry fasting on healthy adults: an observational clinical trial on Bahá'í fasting**
- Faber: **Young adults from Belgium, Denmark, the Netherlands and Spain differ in attitudes towards plant-based, vegetarian and vegan diets.**
- Reuzé: **Identifying attitudes and their ability to decrease meat consumption among non-vegetarians from the NutriNet-Santé cohort**

PEER REVIEW RESEARCH SESSION 5

Pediatric nutrition

Tuesday 2 Mar 2021, 10:45-11:45 hrs

- Ritzheim: **A purely plant-based diet in day nurseries – analysis and optimization of a meal plan**
- Ngoumou: **A Whole Food Plant-based Diet parallel to treatment in Juvenile Idiopathic Arthritis – a pilot study on feasibility: The NutriJIA-Study**
- Alexy: **Food Based Dietary Guidelines for a Vegan Diet in Infants, Children and Adolescents**
- Keller: **Anthropometrics, energy and nutrient intake of vegetarian, vegan and omnivorous children (1-3 y) in Germany – Updated results of the VeChi Diet study**